

Pulse is your online portal for 24/7 access to helpful information, tools and member resources. It is provided by ELAP Services, your health plan's affordability partner helping to keep the costs of healthcare fair and reasonable.

With Pulse, you can:



Submit balance bills



Contact your Member Services Advocate (MSA)



Find and compare physicians and facilities



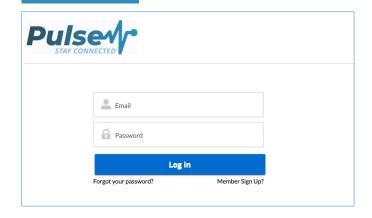
Get answers to common questions



Access educational materials

Whether you need help choosing the right healthcare provider or resolving a bill, we're here for you.

Get Started:



- Go to YourPulsePortal.com.
- Enter your username and password, then click Log in.

*Note - If you haven't registered yet, click on "Member Signup" and complete the registration process for access.



Balance Bill Support

Did you receive a bill for charges that exceed your plan limits? Submit it quickly and easily here. You can also check the status of past submitted bills.

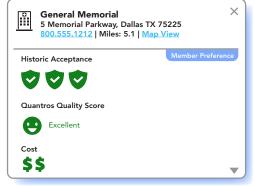
Tip: Compare your Explanation of Benefits (EOB) to any bill you receive from your provider. If they do not match, you have a balance bill. Submit it to us right away so we can get to work!

2 Guide Services

Find the right healthcare provider for your needs. Compare doctors and facilities based on a variety of factors with real-time data on:

- Provider locations
- · Provider acceptance of plan's payment
- Provider quality ratings
- Estimated costs for healthcare services

Tip: Call the member number on your benefits ID card if you need a little more help in finding a provider!



Provider Entry Example

3 Contact Your MSA

Your dedicated MSA manages and monitors your balance bills. Communicate with your MSA and ask them your questions directly through Pulse. You'll receive a response within 24 hours.

4 Additional Resources

Get to know our Advocacy team and watch videos on:

- ✓ Our Member Advocacy process
- ✓ How to identify a balance bill



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